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FOR IMMEDIATE RELEASE

Optimal Living 360 Hits Multiple Bestsellers Lists

May 6, 2014 (Austin, TX): *Optimal Living 360: Smart Decision Making for a Balanced Life* (Greenleaf Book Group Press) by Sanjay Jain ranked at #4 on The New York Times Bestseller List for the week of 5/11/14, at #64 on the USA Today Bestseller List, and at #5 on the Wall Street Journal Bestseller List for the week of 5/1/14. *Optimal Living 360* is a refreshingly comprehensive and revolutionary program which teaches the reader how to make decisions to receive the highest return on investment in life.

Author Sanjay Jain is a US-trained, board-certified physician with more than fifteen years of clinical experience. He holds certifications in Diagnostic Radiology, Integrative Medicine, and Healthcare Quality and Management. He has diversified experience in private practice, academic, and integrated multispecialty settings. He is a former assistant professor at The Ohio State University College of Medicine, and he obtained his MBA at Ohio State's Fisher College of Business.

This is Greenleaf Book Group's twenty-ninth book to hit bestseller status on lists including The Wall Street Journal, New York Times and USA Today.

About Greenleaf Book Group:

[Greenleaf Book Group](http://www.greenleafbookgroup.com) is a publisher and distributor best known for its innovative business model, distribution power and award-winning designs. Named one of the fastest growing companies in the United States by *Inc.* magazine, it has represented more than 1,000 titles, including almost 30 that have hit the New York Times, Wall Street Journal or USA Today bestseller lists. You can learn more about Greenleaf on its website <http://www.greenleafbookgroup.com> and blog <http://www.bigbadbookblog.com>.

For more information or to schedule an interview with CEO Tanya Hall, contact Ashley Jones at Ajones @ greenleafbookgroup.com or 512-891-6100.