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**FOR IMMEDIATE RELEASE**

***Take It All Apart Hits the USA Today Bestseller List!***

February 7th, 2025 (Austin, TX): *Take It All Apart: How to Live, Lead, and Work with Intention* by Lindsay Leahy (River Grove Books) debuted at #80 on the USA Today bestseller list this week. After reading *Take It All Apart*, you will feel inspired, empowered, and acquire new levels of clarity and confidence.

Are you ready to live your best life and do your best work? Then it's time to take a holistic look at your lived experiences and how they affect your thoughts, decisions and actions. We must acknowledge our patterns and habits, accept past hurts and present problems, and work to understand our dreams, fears, and limiting beliefs. *Take It All Apart* is for you if you—Want to understand yourself better and live more effectively, are seeking insights, principles, tools, and a framework to help you create a specific plan for your life and reach your goals, or are feeling uncomfortable about seeking personal and/or professional help from others and want to find a safe way to explore key issues in your life and work.

Lindsay Leahy is the author of the blog *Grit, Gratitude, and Grace* and founder of The Restoration Project. Lindsay's personal adversity story, coupled with her leadership and business strategy experience, is the foundation of her reflective, inspirational, and disciplined coaching style.

**About Greenleaf Book Group:**

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**For more information or to schedule an interview with CEO Tanya Hall, contact Eleanor Fishbourne at [efishbourne@greenleafbookgroup.com](mailto:efishbourne@greenleafbookgroup.com) or 512-891-6100.**